September 2020

Hi All,

I hope everyone has been keeping safe and looking forward to getting back to some sort of normality. Despite us only allowed to resume playing late August and having some friendlies in September, it has been a very busy time behind the scenes for the club.

With the season due to start on the 20th September the club has been working hard to make sure that everyone associated with the club are in a safe environment to play football again. Even though the football will be starting, how we go about things will be slightly different.

There are certain guidelines we will need to follow and a few things we have implemented. We have created a club ‘Track and Trace’ for everyone attending games and training. This includes Managers, Players and Spectators. We have asked for every team to have a Covid Officer who will be responsible for making sure the guidelines are followed.

Each team has been asked to make sure they have hand sanitizer and anti-bacterial wipes.

Player’s hands should be sanitised at the beginning of training and at the end. All bibs worn must not be shared and they will be washed after each session. During match days player’s hands will need to be sanitised before games at half time and at full time. The match balls will be wiped before the start of games and at full time. We are also suggesting that two match balls are used and swapped at half time. Hand shaking at the end of games has been advised to be avoided.

All of the above is in place so we are compliant with the covid guidelines which enable us to keeping going. If we don’t follow the steps put in place we may not be able to take part in the football season or teams maybe suspended until they are compliant with these.

**Track & Trace**

Before attending any Hemel Athletic Youth sessions, players & parents must self-check for any symptoms before leaving their household. If any player & parent / guardian (s) have any of the symptoms or have been in contact with someone with coronavirus, you CANNOT attend training or games until further notice and you must notify either your team manager or your team covid officer immediately.

When attending, please follow the link to the website found on your teams WhatsApp group or on the club Facebook page for Track and Trace. If you are unsure please speak to your team Covid officer or your team manager.

 The main symptoms of coronavirus are:

* a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
* a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
* a loss or change to your sense of smell or taste – this means you have noticed you cannot smell or taste anything, or things smell or taste different to normal

All emails for this will be sent to the [info@hemelathletic.com](mailto:info@hemelathletic.com) email address and will be held for 21 days before being deleted.

This will need to be completed for both games and training.

We hope everyone is looking forward to the return of the football season and as a club it is all of our responsibly to make sure we look out for each other and stay safe.

If anyone has any concerns or questions please email [info@hemelathletic.com](mailto:info@hemelathletic.com) or speak with your team manager directly.

Good luck for the season ahead!

**Hemel Athletic Committee**